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| **UNIVERSITY HOSPITAL OLOMOUC**  **Department of Nursing and Non-medical field**  **Volunteer Centre of University Hospital Olomouc**  Mgr. Marija Aleksićová, Coordinator and Volunteer Centre manager  Phone: +420 605 223 611, +420 588 446 459  E-mail: marija.aleksicova@fnol.cz  Zdravotníků 248/7, 779 00 Olomouc, Czech Republic | Olomouc  14/01/2025 |

**THE RECOMMENDATION LETTER**

My name is Marija Aleksićová. I am the head of the Volunteer Centre at the University Hospital Olomouc and I would like to enthusiastically help my colleague volunteer Aneta Mikešková get admitted to the University of Amsterdam through this letter of recommendation.

I have known Aneta since August last year, she already presented herself very professionally at the interview and our upcoming cooperation has only confirmed this. She started volunteering at the gerontology clinic, where she participated in a creative workshop with other volunteers, then distributed her products around the rooms and talked caringly to the patients. However, her interest in psychology manifested into a change of clinic to the neurology department, as she wanted to be closer to the field. She regularly visited the clinic to see patients, converse about their feelings, cheer them up gently, and after a while the doctor asked her to help with an examination, which deployed her excellent sense of empathy and commitment.

From my point of view, volunteering is not an easy task, it requires a lot of self-control, discipline and above all compassion for the patients as well as good improvising. I can confirm that Aneta meets these requirements to the last and is a very reliable volunteer, she learned everything quickly, wanted to improve every day and her passion to help was evident from the beginning. Finally, I would just like to add the fact that the volunteer centre regularly organises supervision sessions, during which volunteers can share more challenging experiences and gain insight from a professional and other colleagues. I believe that Aneta has gained many useful skills for the study and practice of psychology while volunteering and is a great choice for your University of Amsterdam.

If you have any further questions, please do not hesitate to contact me.

Sincerely

**Mgr. Marija Aleksićová**

Coordinator and Volunteer Centre manager

University Hospital Olomouc